**Oxford Attack Basketball Club – Boys House League Rules 2021**

**COVID Protocols:** Teams, coaches and officials must wait outside for the teams playing to exit the gym before they can enter for their game. This will take time for everyone to get used too. Game length may have to be adjusted to account for this. Masks are to be worn entering the gym by everyone. Coaches (and executive) must wear masks all the time. Players are to keep masks on for warm up and when sitting on the bench; they can be removed to play. Score-table staff will wear masks. Everyone is to wear a mask while exiting the gym. There is no changeroom – only a washroom. Come dressed to participate (players, coaches and officials)! There will be a matt inside the gym door for your outside shoes or put them in your bag. Parents are not allowed in the gym.

**Zero Tolerance:** There will be zero tolerance for not following Covid Protocols, abuse of officials, score-table staff, coaches or for repeated un-sportsmanship style of play - you will be asked to leave if this occurs.

**We will use a modified FIBA rule system for our house league.**

**Start Time:** Games will start 15 minutes past each hour (9:15 am, 10:15 am etc).

**Warm Up/Half Time:** Game warm up will be a maximum of 10 min (probably less). Half time will be 2-3 min.

**Game Length:** Games will initially be 3 x 8-minute quarters (1st, 2nd & 3rd quarters) in length with the 4th quarter being 10-minutes long. If the games go too quickly, we can switch to 9 minutes quarters.

**Substitutions:** Teams will fair play substitute at the 4:00 minute mark of each quarter (the 6:00 minute mark of the 4th quarter). The last 2 minutes of the 4th quarter will be stop time if the game is within 8 points or less. The clock will stop at the 2:00 minute mark of the 4th quarter to allow for free substitution. Teams can sub freely during the last 2 minutes.

**Game clock:** The clock will stop at the designated substitution time and the officials will halt the game at an appropriate time to allow for subs. The clock will stop for all foul shots and for officials to report fouls to the table. The clock will not stop for a ball going out of bounds or violations.

**Shot Clock:** We will use a 24 second shot clock with a full reset to 24 seconds change of possession or offensive rebound.

**Foul Shots:** Foul shots will be 1 shot for 2 points or 1 shot for 3 points.

**Penalty/Fouls:** Team penalty will be assessed after accumulation of 5 team fouls each quarter.

**Time Outs:** Each team has 2-time outs per game (50 sec long). They can carry over to the second half.

**Floor Lines:** We will use the high school lines (inside key and closer 3-point line) (will use FIBA lines later).

**Game Play:** Use man to man defense only to start the season. Zone will be allowed later in certain weeks. Full court pressing is only allowed during the final 2 minutes of the game.

**Tie game:** Games can end in a tie – no overtime.